## ACHE of Iowa Message from the Regent July 2016

## Hello ACHE of Iowa Members!

If your desk is anything like mine, it is covered with reports to analyze, assignments due tomorrow, and projects that need coordination. In health care administration today there is always a lot of good work to do. Here's a radical suggestion about how you might approach your work this summer: go for a bike ride. Or play a round of golf, or invite the neighbors over for a barbecue and enjoy some of the great sweet corn that Iowa is famous for. Our work is important, but the advice we give to our health care communities applies to health care administrators, too. We all need exercise and time with friends. An early morning bike ride clears my mind and gets me ready for the challenges of the day. I think I am a better executive when I am refreshed. I hope you are taking advantage of this beautiful Iowa summer and all the recreational opportunities Iowa has to offer.

Congratulations to the following members who have been admitted to Fellow status:

• Kevin Carroll, EdD, FACHE, Executive Director, Behavioral Health Services, UnityPoint Health

Also, congratulations to those members who have recently re-certified as Fellows:

- Dale Hustedt, FACHE, CEO, Avera Holy Family Hospital
- Jody Jenner, FACHE, President & CEO, Broadlawns Medical Center
- Tony Linkmeyer, FACHE, Chief Ancillary Services Officer, Pella Regional Health Center
- Mike Trachta, FACHE, VP, Network Hospital Operations, Mercy Health Network

And, welcome to these new members!

- Lori Bishop, RN, VP of Clinical Services, UnityPoint at Home
- John Gayton IV, Account Manager, Mizuho OSI
- CDR Billy McCarty, MD, Chief Medical Officer, Naval Hospital Camp Pendleton
- Aaron Ries, JD
- Hannah Sheridan, Patient Experience Coordinator, Greene County Medical Center
- Jamaul Stephens, Administrative Fellow, UnityPoint Health-Trinity
- Dawnett Willis, Executive Director of Operations, Central Iowa Healthcare

The leaders of our local chapter, ACHE of Iowa, are preparing several excellent opportunities for you to pick up face-to-face credits for the remainder of 2016:

- On **September 7**, ACHE of lowa is sponsoring a panel discussion titled "Provider-Sponsored Health Plans: Insights for Health systems and ACOs" at Des Moines University. Earn 1.5 face-to-face credits. Watch for details.
- ACHE of Iowa is also sponsoring a roundtable panel in Sioux City on September 13 in conjunction with the Heartland Healthcare Executive Group (the ACHE chapter in Nebraska).
   Face-to-face credits are pending.
- Earn face-to-face credits by attending the ACHE of Iowa seminar at the University of Iowa Healthcare Leadership Symposium on **September 29** in Iowa City.

- Meet Richard Cordova, ACHE's immediate past president at ACHE's annual meeting and breakfast on October 19 during the IHA annual meeting. Learn what's new with your professional organization, network with colleagues and earn face-to-face credits. Sign up when you receive the IHA registration. Let's pack the house!
- Need information about how to become Board-Certified in healthcare management from ACHE and earn the FACHE credential? Sign up for our advancement seminar on **October 19** during the IHA annual meeting and earn an hour of face-to-face credit.
- Pick up 3 face-to-face credits and learn about from one of the best on October 19 during the IHA annual meeting. Veteran, top-ranked instructor Tom Atchison will teach "Leading and Managing in Changing Times."

Strong leadership is necessary for quality health care. Gain the knowledge and networking you need through ACHE of Iowa. Stay strong in your health care leadership.

Warm regards,

Dave Hickman, FACHE ACHE Regent for Iowa